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The First 72 Hours Are On You

Emergency "Go Kit" Information

GENERAL CHECKLIST

YOUR PERSONAL LIST OF ITEMS

- Blankets/Sleeping Bags
- Candle/Lighter/Matches
- Cane/Walker
- Cash & Coins (ATMs may not be accessible)
- Cell Phone & Charger
- Clothing (one change of clothing per person)
- Dust Mask (helps filter contaminated air)
- Entertainment
 - Book
 - Deck of Cards
 - Magazine
- Food (these are examples)
 - Beef Jerky
 - Candy (individually wrapped)
 - Canned Goods/Can Opener
 - Crackers
 - Cup-O-Soup Mix
 - Granola Bars
 - Water
- First Aid Kit
- Flashlight(s) & Batteries
- Keys (extra set of house, car, etc.. safety deposit box)
- Paper/Plastic Supplies
 - Garbage Bags/Grocery Bags
 - Paper Plates/Bowls/Cups
 - Paper Towels/Napkins
 - Paper/Pencil/Pen
 - Toilet Paper
 - Utensils (for eating)
- Personal Items/Personal Hygiene Items
 - Comb
 - Dentures
 - Glasses (prescription & reading)
 - Hearing Aides & Batteries
 - Medical Equipment (walker, cpap, oxygen tanks)
 - Medications (list pharmacy & prescription number)
 - Pain Relievers (Advil, Tylenol, Excedrin, etc.)
 - Shampoo
 - Soap
 - Toothpaste/toothbrush
- Pet Supplies
 - Bowls
 - Collar
 - Food
 - Leash
 - Water
- Phone Book (local directory)
- Radio & Batteries
- Sanitary Wipes
- Tools
 - Wrench or Pliers (to turn off utilities)
 - Hand Held multi-purpose (screwdriver/knife/flashlight)
- Whistle (to signal for help)

OTHER:

*Use an old suitcase, a laundry basket, a plastic tote, or a cardboard box to collect and store your items.

Cold Weather Supplies

Winter Survival Kit for Vehicles

GENERAL CHECKLIST

Blanket/Sleeping Bag
Cell Phone & Charger
De-Icer/Fuel Additive
Distress Flag/Bandana for Antenna
First Aid Kit
Flashlight (it gets dark early)
Food in Glove Compartment (beef jerky/candy/granola bar)
Hat
Hot Shot Hand Warmers
Jacket/Coat
Jumper Cables
Mittens/Gloves
Scarf
Shovel (collapsible)
Snow Pants
Sweatshirts/Sweatpants
Water
Windshield Scraper
Winter Boots

OTHER:

By failing to prepare,
you are preparing to fail!

Notification & Warning Information

for Lake of the Woods County Residents

TV STATIONS

KBRR–TRF
Cable Channel 16
Grand Forks, ND

KNRR–Pembina
Cable Channel 16

KVRR–Fargo
Cable Channel 16

KLTV
Cable Channel 11
Grand Forks, ND

KXJB
Cable Channel 4
Grand Forks, ND

WDAY
Cable Channel 23
Grand Forks, ND

WDAZ
Cable Channel 10
Grand Forks, ND

RADIO STATIONS

KKWQ
92.5 FM
Warroad, MN

KRWB
AM 1410
Roseau, MN

SOCIAL MEDIA

LOW County
Emergency
Managemnt
Facebook Page

PUBLIC ADDRESS SYSTEMS

Law Enforcement or
Fire Department
Vehicles

CODE RED

Call will come from the Lake of the Woods County Sheriff's Office.

Caller ID will show an 800 or 866 number.

Call will be a recorded message.

Text messages are also an available option for receiving alerts and warnings.

NEIGHBORHOOD DOOR TO DOOR WARNING NOTICE

Typically Law Enforcement or Fire Department Personnel

Emergency Shelter Information

for Lake of the Woods County Residents

STORM SHELTER LOCATIONS

Baudette – Municipal Basement
106 Main St W, Baudette
218-634-1850

Lakewood Care Center
600 Main Ave, Baudette
218-634-3488

First Luthurn Church
312 3rd Ave SW, Baudette
218-634-1744

Bethany Lutheran Church
475 Zipple Ave, Williams

MASS SHELTERING LOCATIONS WORKING WITH AMERICAN RED CROSS

Lakewood Care Center
600 Main Ave, Baudette
218-634-3488

VFW
204 International Dr, Baudette
218-634-19977

First Luthurn Church
312 3rd Ave SW, Baudette
218-634-1744

Bethany Lutheran Church
475 Zipple Ave, Williams

CALL 911 FOR EMERGENCIES ONLY

Stay inside your home – it's the safest place for you right now

Close all window and outside doors

Turn off air conditioner or furnace.
(This depends on the time of year – may not be possible with extreme weather conditions. This is to help ensure your air quality is not compromised from the outdoor source.)

Stay Informed
(Turn on your television or radio for incident updates. Check Kittson County Sheriff's Office Facebook Page for updates. Listen for CodeRed Messages from Kittson County Sheriff's Office.)

YOUR PERSONAL, PRE-DETERMINED STORM SHELTER LOCATIONS:

1st Choice: _____

2nd Choice: _____

3rd Choice: _____

YOUR PERSONAL, PRE-DETERMINED STORM SHELTER LOCATIONS:

1st Choice: _____

2nd Choice: _____

3rd Choice: _____

*Evacuation Route Map – Pre-determine Your Route and Destination

When evacuating your home – Take your pets – Take your Go Kit – Lock the doors

1st Choice: _____

2nd Choice: _____

3rd Choice: _____

What does "Shelter In Place" mean?

1st Choice: _____

2nd Choice: _____

3rd Choice: _____

Medical Information

for Lake of the Woods County Residents "Go Kits"

MEDICAL FACILITIES

Baudette

CHI LakeWood Health Center
600 Main Ave
Baudette, MN 56623
218-634-2120

CHI LakeWood Health Center Clinic
105 5th St SW
Baudette, MN 56623
218-634-1655

Bemidji

Stanford Bemidji Medical Center
1300 Anne St NW
Bemidji, MN 566601
218-751-5430

Roseau

Lifecare Medical Center
715 Delmore Drive
Roseau, MN 56751
218-463-2500

International Falls

Rainy Lake Medical Center
1400 Hwy 71
International Falls, MN 56649
218-283-4481

OTHER:

FAMILY DOCTOR:

PHARMACIES:

Thrifty White Pharmacy - Baudette - 218-634-1236
Thrifty White Pharmacy - Warroad - 218-386-2050

MEDICATION LISTS

List Name of Medicine/Prescription Number/Pharmacy
Number

POISON CONTROL - NATIONAL HOTLINE

800-222-1222

Emergency “Go Kit”

General Information

EMERGENCY CONTACT NAMES & PHONE NUMBERS

Law Enforcement (Sheriff’s Department)
Emergency 911
Non-Emergency 218-634-1143

Fire Department
Emergency 911

Ambulance
Emergency 911

FAMILY CONTACT INFORMATION

Names/Address/Phone Number(s)

IMPORTANT PAPERWORK	IS A COPY IN YOUR GO KIT?	WHERE IS THE ORIGINAL LOCATED?
Home Insurance Paperwork	YES – NO	
Vehicle Insurance Paperwork	YES – NO	
Health Insurance Paperwork	YES – NO	
Life Insurance Paperwork	YES – NO	
Passport	YES – NO	
Immunization records	YES – NO	
Financial paperwork	YES – NO	
Checking Account Information	YES – NO	
Savings Account Information	YES – NO	
Credit Card Information	YES – NO	
Debit Card Information	YES – NO	
Other Financial Accounts	YES – NO	
Wills	YES – NO	
Birth Certificates	YES – NO	
Marriage Certificates	YES – NO	
Property Abstracts	YES – NO	
Titles for Vehicles	YES – NO	
Social Security Information	YES – NO	

*If original paperwork is located in your Safety Deposit Box - Do you know where your key is located?

Emergency “Go Kit”

General Information

Get A Kit. Make A Plan. Be Informed.

USEFUL WEB SITES FOR ADDITIONAL INFO

American Red Cross

www.redcross.org

Department of Homeland Security

www.ready.gov

Senior LinkAge Line

www.MinnesotaHelp.info

U of M Extension Office

www.extension.umn.edu

National Oceanic & Atmospheric Administration

www.noaa.gov

FEMA

www.fema.gov

MN Homeland Security Emergency Management

<https://dps.mn.gov/divisions/hsem/emergency-preparedness/Pages/default.aspx>

AARP

www.aarp.org